

## MANICURE AND PEDICURE

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JESSICA DELUXE MANICURE- approx. 55 minutes	£30
JESSICA DELUXE PEDICURE – approx. 55 minutes	£30
GELERATION MANICURE – approx. 75 minutes	£40
GELERATION PEDICURE – approx. 75 minutes	£40
FILE AND POLISH HANDS – approx. 25 minutes	£18
FILE AND POLISH FEET – approx. 25 minutes	£18
GELERATION FILE AND POLISH HANDS – approx. 45 minutes	£25
GELERATION FILE AND POLISH FEET – approx. 45 minutes	£25

## WAXING

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FULL LEG – approx. 55 minutes	£22
HALF LEG - approx. 45 minutes	£17
BIKINI - approx. 30 minutes	£12
UNDERARM - approx. 20 minutes	£11
CHEST - approx. 45 minutes	£18
BACK – approx. 45 minutes	£18
EYEBROW – approx. 15 minutes	£10
LIP OR CHIN – approx. 15minutes	£10

## TINTING

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EYEBROW TINT - approx. 10 minutes (includes shape or tweeze)	£10
EYELASH TINT - approx. 15 minutes	£10
EYEBROW AND EYELASH TINT - approx. 20 minutes	£17
EYE PACKAGE - approx. 30 minutes	£24

All Tinting Treatments require a 24 hour patch test prior to treatment

## SPA PACKAGES

All Spa Packages include a 2 course lunch, towels, robes, slippers and use of the leisure and Spa Facilities.

### LUXURY PAMPER DAY £150

Aromatherapy Body Massage, Decleor Vitamin Surge Facial and Jessica Deluxe Manicure

### MUM TO BE SPA DAY £60

Relax while your therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relives 'heavy' legs and brighten skin. Suitable for pregnancy over 12 weeks.

### SIGNATURE PAMPER DAY £90

Select two of the following treatments: Back Neck and Shoulder Massage, Decleor Discovery Facial, Tranquility Scalp Massage, Soft Hands, or Feet, File and Polish Fingers, or Toes.

### MORNING BOOSTER £50

Select one of the following treatments :Back Neck and shoulder Massage, Decleor Discovery Facial or Decleor Soft Feet

All Spa Packages incur a £20 surcharge for weekend bookings.

8 Crosbie Road, Troon, Ayrshire, KA10 6HE | 01292 676219  
beauty@themarinetroon.co.uk | www.themarinetroon.co.uk

#### Terms & Conditions

The minimum age for all Treatments is 16. All Decleor Treatments are approximately 25 minutes or 55 minutes. A patch test will be required 24 hours prior to any tinting. All Treatments require a Pre-Payment. All Spa days are 50% deposit & full payment 7 days prior. Cancellation Policy of 72 hours for Spa days or Group bookings and 48 hours for individual treatment bookings or the full amount will be payable. Please arrive 20 minutes before your booked treatment. Treatments that start late will be cut short to avoid causing any inconvenience for other clients.

## THE MARINE HOTEL

## SPA AT THE MARINE HOTEL TROON

For more information and to book please call the Spa Reception Desk on 01292 676 219 (hotel guests please dial extension 440)



## MASSAGE TREATMENTS \*Subject to availability

<p><b>AROMATHERAPY FULL BODY MASSAGE</b> – approx. 55 minutes Say goodbye to everyday stresses and strains with this Heavenly Aromatherapy massage experience that focuses on key pressure points. Your skin is treated to the incredibly soothing sensation of the warm aromatherapy balms which contain an exquisite elixir of essential oils.</p>	£60
<p><b>AROMATHERAPY BACK NECK AND SHOULDER</b> – approx. 25minutes Aromatherapy massage concentrating on the back neck and shoulder area.</p>	£40
<p><b>FULL BODY MASSAGE</b> – approx. 55 minutes Everyday stress and strains simply disappear with our heavenly massage an incredible soothing sensation will help relax your mind and body.</p>	£50
<p><b>BACK NECK AND SHOULDER MASSAGE</b> – approx. 25 minutes A popular pressure massage that focuses on the build-up of stress and muscle tension in all areas around the neck, shoulders and across the back.</p>	£35
<p><b>DEEP TISSUE FULL BODY MASSAGE</b> – approx. 55 minutes Powerful slow, deep and strong movements make this a customized massage pure therapy for the body. It helps alleviate stress deep down and release the discomfort of aching muscles.</p>	£60
<p><b>DEEP TISSUE BACK NECK SHOULDER MASSAGE</b> – approx. 25 minutes Deep tissue massage is a type of massage therapy that focuses on realigning deeper layers of muscles. It is used for chronic aches and pain and contracted areas such as a stiff neck and upper back, low back pain and sore shoulders.</p>	£45
<p><b>HOT STONE FULL BODY MASSAGE</b> – approx. 55 minutes Drift into a state of relaxation with our hot stone massage, helps the body unwind and relax, the heat of the stones penetrated deep into the muscles soothing any aches and pains.</p>	£60
<p><b>HOT STONE BACK NECK SHOULDER MASSAGE</b> – approx. 45 minutes Relieve deep muscle tension with this therapeutic full body massage, using warm volcanic stones</p>	£40
<p><b>*REFLEXOLOGY*</b> - approx. 50 minutes Relax and restores the body's balance, by working on pressure point on the feet, it can help promote a state of a deep relaxation, helps disturbed sleeping patterns and increase your energy.</p>	£40

## DECLÉOR FACIAL TREATMENTS

<p><b>BEAUTY ENHANCING FACIALS</b> – approx. 55 minutes These tailor made facials provide an expert response to the needs of every skin type. Choose from; Moisture infusion, Oxygenating pure and Matt, Divine Nutrition, or Harmonies Calm.</p>	£60
<p><b>POWER PACKED VITAMIN SURGE FACIAL</b> – approx. 55 minutes Power packed with vitamins and antioxidants, his award winning facial melts away stress. It combines re-balancing essential oil elixir with a warm de-congesting mask for skin hats purified, perfectly replenished and glowing.</p>	£60
<p><b>WRINKLE ERASER YOUTH BOOSTER</b>– approx. 55 minutes Restores skins vitality and reveals a bright, smooth and radiantly youthful looking complexion. Specifically targeting fine lines and wrinkles.</p>	£60
<p><b>AROMATHERAPY DISCOVERY FACIAL</b> – approx. 25 minutes The effects rescue remedy for perfectly radiant skin. Discover why Decléor facials are world famous with this incredible rescue remedy. The treatment include revitalizing massage with essential oils and gentle polish to wake up tired skin, leaving it fresh and radiant.</p>	£35
<p><b>MEN'S INTENSIVE ENERGIZING FACIAL</b> – approx. 55 minutes Fatigue-fighting, anti ageing treatment reduces shaving irritations whilst reinvigorating the skin. Skin is soothed, moisturised and looks re invigorated, with reduce beard growth.</p>	£60
<p><b>VITAL EYES</b> – approx. 25minutes Anti-ageing and visibly plumping for a smoother eye Zone</p>	£35
<p><b>MEN'S ENERGISING FACE TREATMENT</b>– approx. 25 minutes</p>	£35

## BODY TREATMENTS

<p><b>RADIANT MOTHER TO BE</b> – approx. 55 minutes Relax while your therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relives 'heavy' legs and brighten skin. Suitable for pregnancy over 12 weeks.</p>	£60
<p><b>AROMA BACK RELIEF</b> – approx. 25 minutes The back neck and shoulders are exfoliated using a dry brushing technique followed by a gentle aromatic exfoliation, removed by using warm mitts and then massaged with a warm aromatic balm to ease away the stress and tension.</p>	£35
<p><b>SOFT HANDS</b> - approx. 25 minutes Nurture hard working dry hands, using a blend of skin smoothers and softeners. Dry damaged skin is repaired and week nails are strengthened, ending with relaxing arm and hand massage.</p>	£30
<p><b>SOFT FEET</b> – approx. 25 minutes Treat sore tired feet to an exfoliation, relaxing massage and nourishing foot mask to help dry heels, leaving skin smoother and brighter.</p>	£30
<p><b>TRANQUILLITY SCALP MASSAGE</b> - approx. 25 minutes Intensely de-stressing scalp massage to banish tension and aid restful sleep.</p>	£35

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